

The events for the 2026 Race League(s) have been decided pending confirmation by the organisers.

Long Race League 2026 – Best 8 events (out of 12) to count.

There are **TWELVE** events to choose from in total, which will include the obligatory “any” Half Marathon and “any” Full Marathon as used in previous years. The provisional dates for some events are below and will be added in due course.

Date	Event	Distance	Link
Various* (6 to choose from) 11th Jan, 08th Feb, 5th April, 10th May, 19th July, 6th Sept	Birmingham 10k (Sutton Coldfield)	10k	https://www.birminghamrunningfestival.com/course-map/ *Note: you can do all six, but only one event will count
18th Jan 2026	Riverbank Rollick	9.6m Off road	https://www.thornburyrunningclub.co.uk/trc-races/riverbank-rollick/
01 Feb 2026	Warwick Half Marathon	13.1 Miles	https://www.warwickhalf.com/
22 nd Mar 2026	Gloucester 10k	10k	https://www.gloucesterrunningfestival.com/
12 th April 2026	Leicester’s Big 10k	10k	https://www.tempoevents.co.uk/events/leicesters-big-10k/
Likely Date: Sun 10th May	Sherborne 5 miler	5 miles	TBC
Likely Date: Wed 17th June (evening)	Malvern 10k	10k	https://www.malvernjoggers.co.uk/
21 st June 2026	Redditch 10k	10k	https://www.runredditch.com/
Likely Date – Sun 20 th Sept	Oldbury 10 mile	10 miles	https://www.thornburyrunningclub.co.uk/
Likely Date – Sun 04 th Oct	Alcester 10k	10k	https://www.alcester10k.com/
Jan to Oct	Any Half Marathon	13.1 miles	
Jan to Oct	Any Marathon	26.2 miles	

Short Race League 2026 – Best 7 events (out of 10) to count.

The short league will consist of **TEN** Parkruns, approximately one per month.

Date	Event	Link
24 th Jan	Rugby	https://www.parkrun.org.uk/rugby/
21 st Feb	Arrow Valley	https://www.parkrun.org.uk/arrowvalley/
07 th Mar	Chipping Norton School	https://www.parkrun.org.uk/chippingnortonschool/
04 th Apr	East Park (Wolverhampton)	https://www.parkrun.org.uk/eastpark/
25 th April	Leamington	https://www.parkrun.org.uk/leamington/
23 rd May	Edgbaston Reservoir	https://www.parkrun.org.uk/edgbastonreservoir/
06 th June	Abingdon	https://www.parkrun.org.uk/abingdon/
25 th July	Gloucester City*	https://www.parkrun.org.uk/gloucestercity/
12 th Sept	University Parks (Oxford)	https://www.parkrun.org.uk/universityparks/
31 st Oct	Evesham	https://www.parkrun.org.uk/evesham/

The “Rules”:

The EVRC Race League is a way for club members to compete against each other throughout the year, even if they are not running in the same race.

For 2026 all times will be adjusted according to your Run Britain/ Power of 10 handicap (i.e. as per previous few years). By using a handicap system this makes the overall results closer and will remove the bias towards older/faster runners that the old age adjustment system had. Essentially the faster you get the lower your handicap will become. The higher your handicap the bigger assist you receive to your race times.

The race league(s) will be published periodically throughout the year, with the winners being announced at the club’s annual Christmas party.

Race League Rules

Points are awarded according to position once handicap adjusted.

Members can play one “joker” a year – notify Steve Sandalls or a committee member in advance of the race and your points will be doubled.

Bonus points for all on-the-weekend helpers at the Evesham 10K

All race results will be adjusted using Run Britain handicap rankings. All results will be compiled using the calculations (see worked example below).

You can enter either one or both leagues as you wish, but you only get one Joker!

Some events are TBA and are therefore subject to change as organisers have not confirmed dates yet.

All fully paid up members can compete and win including 2nd/3rd claim members.

For the Long League there will be **12 events**, your **best 8** results count.

For the Short League there will be **10 events**, your **best 7** results count.

Individual handicaps will be set on 1st January and then reviewed and adjusted as required Quarterly.

The handicap system

You can view your Run Britain Ranking as follows:

1. Go to <https://www.runbritainrankings.com/>
2. Select “Runners”
3. Enter your name and club then click “lookup”
4. Under profile you should see your current handicap score and your individual race results including parkrun’s.

If you don’t have a Run Britain Ranking, then this will be estimated until you have one.

You will get a 5 second advantage per kilometre for each handicap point.

Worked Example :

Runner Name	Handicap	Time	Adjustment	Adjusted Time	Points
Runner A	4.6	39’37”	5 secs x 10km x 4.6 = 230 seconds	35’47”	30 (1 st)
Runner B	7.4	42’41”	5 secs x 10km x 7.4 = 370 seconds	36’31”	29 (2 nd)
Runner C	7.9	45’50”	5 secs x 10km x 7.9 = 395 seconds	39’15”	26 (5 th)
Runner D	11.6	47’32”	5 secs x 10km x 11.6 = 580 seconds	37’52”	27 (4 th)
Runner E	13.3	48’38”	5 secs x 10km x 13.3 = 665 seconds	37’33”	28 (3 rd)